

# AND SO THIS IS HUMANITY      BY V. M. LAKHSMI

DEAR READER

This small book which we have written for you is in order to invite you to reflect about life, how humanity develops in it, and how the world develops in it; perhaps, you have a different point of view from what we present here, but, I think, that this is not the moment for you or for us to say that either one of us is right, because we won't solve anything that way. It's better for you and for us to simply propose a look at how we live in the world with its systems and to see how we develop in relation to that world.

We are following its current, letting ourselves be dragged along like a piece of wood which falls into the river and its swelling waves carry us along, or we are doing something through our own free will to get to the shore and watch the world pass by, watching that life with all those heavy weights which Humanity carries.

Don't forget that we must be spectators of life and not actors in it; you know that this world is directed by systems and the usefulness that they had, has all been used up and that from here on in, the only thing we will see is a disappointed humanity, since what it desired to do, cannot now be done; of course, with some rare exceptions.

The only thing that remains for us is to try individually, to better our own lives and our destiny; perhaps imitating the Condor, that bird who by way of instincts and its characteristics flies up toward space not worrying whether he goes alone because he doesn't depend on the majority; he only loves one thing -- FREEDOM.

Perhaps man loves freedom but he hasn't known how to look for it or where it is and that's why he is a slave to other people and to the systems which tend to guide him and to orient his life.

FOR LOVE, FOR THE LIGHT AND FOR LIBERTY, GO ALONG WITH US UNTIL IT IS FOUND.

THE AUTHOR

TO REFLECT UPON

I would like, dear reader, to begin a conversation with you, so that we can analyze, by the light of the consciousness, what we are doing, that is Humanity, to come to peace with God, and in that way, to be able to aspire to have a better world.

Don't forget that there are three Karmas which define our position:

First--The World's Karma  
Second--Mass or Group Karma  
Third--Individual Karma

It is lamentable, painful and fills us with concern, how day by day countries are readying more and more for war.

From the moment children are born, fanaticisms are inculcated into children; political, patriotic and certainly religious fanaticisms, without understanding that these are the men and women of tomorrow and that those fanaticisms are related to sectarianism and that sectarianism is violence in potential, which leads a person to take vengeance against a supposed adversary.

Anybody who falls into any of these fanaticisms, indisputably fills his psyche with egotism, envy, bad will and hate; this results in the distancing among men and impedes that there might be any agreement or equal work in order to resolve by the light of the consciousness, those problems which are leading the world to war.

There are various types of war: the first is the psychological type, explained above; egotism and fear; the second is the commercial war, the war of power and the third is the war of outrages and violence.

If we stop and observe how the super-powers are managing the politics which are applied to the under-developed nations, the tramping on human dignity; we could deduce from this that the Law of God could never be fulfilled, which is the only recourse that Humanity has to be reconciled by the Grace of Love.

So we can see that there are three forces which manifest themselves in order to be able to create, but we, Humanity, in living all together, we see that only two of those forces have been employed; they have various names but some call them, The Good and The Bad. Others call them, The Positive and The Negative. As esoterists, we know them with another name; The Holy Affirmation and The Holy Negation, but in their expression, they have other characteristics: The Thesis and the Anti-thesis.

These laws live in eternal struggle; one against the other and they can never reach an agreement. They live at the extremes because something is needed between the two which balances them. We wish to refer to The Holy Conciliation, Love.

If we analyze this by the light of experience, we can look at two people who until today were friends and that between them there arose hate; that day friendship disappears and one of the two pays the other with the worthless coin: Ingratitude.

If we look at a couple, a man and a woman who share their lives with love and comprehension until one day love withdraws itself and that couple who were an example for their children and society before, are converted into a nuisance, oppressing one against the other.

If we analyze this same case with the authorities and the people who govern us, we see this same conciliating force is not present in the majority of cases. Every agreement, every law is made to be fulfilled by force, because there is no Love in the person who directs nor in the person who is being directed.

Love is absent. This decrepit and degenerate Humanity has employed the most terrible armament to kill Love; this arm is called HATE and EGOTISM.

What agreement are the chiefs of State talking about when they promise Peace? If, when speaking about an agreement which would lead to peace, the equivalent of the force which both parties have is being talked about in case of a confrontation: if the agreement fails. Could there be Peace in a Humanity where the warlike power and the power of money are in the middle of it all? Could men have moral solvency getting together to talk about peace who are filled with hate, egotism and without love?

What pain! - but that's how the world is. When and at what time will we have peace? Have these people ever asked themselves or have they ever understood, what the clue is for their plans and agreements of peace and progress which might lead to a happy ending? If there is no peace and no love in the hearts of these men, it's impossible for this world to have peace.

When a man and a woman love one another, they make plans for the future. As we've already said, this lasts until one day love disappears in one of them and then no agreement has any value, nor do any promises, sacramental rituals; everything goes because there is no love. If this happens between two people, how would it be with the whole of Humanity?

Dear reader, it doesn't matter if you don't believe this, but the only thing which could fix this situation, would be that men and women of this day and age would embody Love, but Humanity is not willing to do that. The most viable solution to all their problems is "War" and that "I can't take anymore".

There is only one road for a person to take to resolve himself to think differently; and that is that he believes more in God than in the Devil; that he feels no pain nor shame nor fear to act on his own interior war; against his own egotism.

He who does this will realize perfectly that all the mechanisms and the framework which exist to transform the world are no more than strategies of the Devil to make Humanity walk to its own destruction.

V. M. Lakshmi

Chapter 1

It seems that Father Time is in charge of showing people that they are right -- those people who in one or another way have shown that they don't believe in chiefs of State.

This has its explanation for those who can understand. That is, that today, the lie, deceit, prevails in all and everything; for a person who likes the truth, there are many doors which are closed.

Almost all of humanity has been shown through lucid speeches those promises and promises which are made and which are no more than the baited hooks to get people and votes.

If a politician during his political campaign speaks about the reality of things and makes no promises which he can't fulfill, he'll get very few votes, because people always aspire to better times and we don't want to realize that this afflicted world has a very heavy Karma to pay and as we've already said before, people are bled, the countries are bled, and no one believes they are responsible for this.

Everyone who feels cheated by unfulfilled promises, turns into an enemy of governments, an enemy of the systems and they say they don't believe in anything or in anyone.

There is a logical explanation to this. We want people and the masses to make a profoundly basic change and even to believe they can do it, but, impossible! - because these chiefs of state are impeded even if they might want to be honest and truthful.

It is necessary for each one of us to understand that in the times in which we are living, the solution lies with each person in order to make a better world. We can't, if we are serious and responsible in our lives, continue blaming other people for our own failures.

Every event which presents itself to us in our lives, good or bad, has a root, a beginning; that is, in the violation of the Law.

We have gone away from the Law of God and believe this or not, accept it or not, we have to pay for this. No one can give us a solution because there are very few people who are willing to make a radical change in their lives; well, it's logical that Karma covers all of Humanity. That is, one of the reasons why Governments and Chiefs of State have to behave as they do.

When one realizes that this has no global remedy, one must look for an individual solution. In other words each person must dedicate himself to produce a better world without depending on any other person or system, or government mentally or psychologically.

This alone is possible having the will power and the decision to make ourselves responsible for our own lives. He who lances himself protesting against governments, systems, against people, because they they've deceived him, because they have not fulfilled their promises, has not understood the necessity to have individuality and not to depend upon anyone.

Everyone has a right to live and to live as they like; the Chiefs of State have a right to deceive us but we also have the right not to let ourselves be cheated and that's why it is necessary to be independent, to live our lives and not wait for the fulfillment of promises which have been made to us; he, who lives his life that way, will always be lamenting about the bad conduct other people have.

The man who aspires to have Peace will find it necessary to dedicate himself to believing more in himself; to have more confidence in himself and not place any faith or confidence in others.

When we dedicate ourselves to enriching our minds with altruism and faith, we can understand that our failures and our triumphs depend on ourselves.

God did not make man to be a failure, but man because of his weaknesses has failed.

Let us stop being weak, let's stop disbelieving in ourselves, stop having fears; let's have more confidence in ourselves and more faith in God.

## CHAPTER II

### THE PARENTS

These people should review their conduct in the face of their children and in front of society so that their procedures, their acts, adjust themselves to the necessities and the obligations which they have with these two groups of people, so that they penetrate and instill in themselves but which must not confuse themselves.

The family gives the children 50% of the education and example which they receive in the home; the other 50% is given to them by their educators and society.

If parents don't give their children that education -- that mental, physical, and spiritual formation -- through their example, those children are going to be infused by a society which has multiple defects in the physical, mental and spiritual part and due to a lack of preparation and immaturity, these children are going to follow the wrong road; always being victims, as we said in the above chapter, of false promises, of deceitful people with whom they are going to relate and be in contact with.

A parent should not lie to his children; he must teach them to have faith in themselves without instilling in them fanaticisms or beliefs; he must teach them that there is a Supreme Being which has given us Laws which we must obey.

Teaching them that each human being is a different world from our own and that being so, we should not imitate it nor because of gregarious conduct do what another person does.

"ONE SHOULD FOLLOW A GOOD EXAMPLE BUT ONE SHOULD NEVER IMITATE A BAD EXAMPLE."

Parents should understand that the teachings and the examples that a child receives in his first years of life, affect him for the rest of his life; a child seeing that his father is a drunk, a habitual smoker, a person who curses, who treats his wife and his children badly, who is a liar, that child carries a similar behavior in his mind and in his psyche and when he becomes an adult, what can we expect or demand from him?

When a man and a woman assume the responsibility of having and of educating children, they should think about it very well, if in reality they aspire to a better world.

A person who believes that a delinquent is formed in the street and we don't disagree with this fact, but the germ of delinquency has two origins:

The first in past lives; an Ego which comes back, and the second the example which he has received in the home from his parents, from his sisters and brothers and from the people who are in charge of looking after him during his early years.

Children should be under the protection and warmth of their parents in their first years of life; that will, when they grow up, make them assume the same responsibility which was had with them.

Science already knows that genetics act upon the mind and the psyche of the offspring; science also knows that any cell of the body of a person has the same characteristics of the person.

This allows us to understand that when a person tries to regenerate himself by means of a radical change in his life, in his mind and in his psyche, that this even acts upon the microscopic parts of the physical body, therefore acting upon the internal bodies, bringing as a result, that this man or woman will have a very different way of thinking, acting and feeling from the rest.

More and more, parents should take into account each day the education of their children but we see that society has even converted these children into insecure men and women, incapable of facing life alone.

Parents believe that it is more important to give them every kind of comfort, but the education and the example which are being given to them, does not fit the necessities which a man must have to become a good citizen.

Don't forget, dear reader, that the best way to teach is: BY EXAMPLE.

CHAPTER III

SPIRITUAL FORMATION

It's painful to say it, but as we have said in other chapters before this, with the world's chiefs of state, with the politicians and with the religious leaders, everything happens in the same way; we see Humanity divided into three groups already defined:

The first group is constituted by people of a certain belief, those who say: "I belong to such and such religion", but don't fulfill its precepts. Well, that leads to nothing; simply to believe in a baptism which one had done but the fact is that there is no radical change.

The second group is constituted by millions of people who don't believe in anything. They are not interested in anything that even smells of religion and even see it as antiquated if one speaks to them about it; they think that they are owners and masters of the world and that when they die, everything ends.

The third group is made up of dogmatic and religious fanatics, who believe themselves absolute owners of the truth and that through their dogmatism, they rub elbows with God; this insecurity, then, in which Humanity develops itself, doesn't allow the new generations to have anything sure or concrete. On some occasions the case is seen where the mother belongs to one religion and the father to another; mother tells her child that salvation is in the religion which she professes and father says that the truth is in the religion which he professes. The child thinks that both of them are wrong, or one of them is wrong and doesn't know which so, he ends up not believing in anything, because of the lie which they are telling him.

Our brothers, the religious preachers, instead of excommunicating and condemning he who doesn't believe in their precepts and fanaticisms, should be thinking about living the pure teachings of Christ; Love, Comprehension, being more sure about what they preach and in themselves, being less afraid to be left alone, without communities.

Religion is a service which is being lent to Humanity; this must be done with disinterest, without any business involved; and admit that every person has a free will to choose the best one which is convenient for him.

The day the religious preachers understand that God is one and His teachings are only one, and the on Earth, Christ left them established, which are the fulfillment of the Commandments of the Law of God, which is the only true path for the salvation of the Human Soul; if this Divine patrimony wouldn't be argued about by men and their interests, there wouldn't be that rivalry in concepts and opinions in relation to God; so that every person would aspire to looking for his own redemption; one wouldn't find so many millions of souls rambling around with so many beliefs and dogmatisms which lead to nothing. This is the crude reality of the facts.

Dear reader, we are here on Earth to define our position in the face of materialism and the spiritual path.

There are three aspects which are worth studying in the light of the truth and justice. How can we, humans, aspire to salvation which no one can give us, not even God? If we ourselves don't make the decision to be serious and responsible in changing what we are, men and women, full of hate, of pride, of envy, of covetousness, of anger, of lust, of self-love, of jealousy, etc., etc., etc. These problems are ours and each and every one of us has the duty and the obligation to eliminate them.

If so many promises were not made to us humans and the easy way to get to God weren't shown to us, I think that many people who are disgusted with so many promises and lies, would dedicate themselves, without buying any salvation from anyone, nor waiting for the key to get to God to arrive by mail.

Dear reader, one of the things which makes it impossible for the human being to achieve his own redemption is the lie and the false testimony. The history of Christ has shown this to us; which because of lies and false testimony, he was killed and through lies and false testimony, his Doctrine has been distorted.

The religious preachers have made religion an empire on Earth, with many luxuries, with pomp with a lot of money and a lot of commerce; they've forgotten that Christ said that his kingdom was not of this world.

Dear reader, if you love liberty and seek the truth, go ahead without fear or dread, and be assured that on your path, you will be helped; make your decision to eliminate your defects and be chaste in thoughts, in words and in your deeds.

This thing about chastity you can do learning about the science of transmutation; this will give you the strength and dynamism to triumph in life and this energy will be converted into light so that you can see the path to go on better.

If you are single, practice transmutation for single people taught by V. Master Samael in his book "The Perfect Marriage" (MATRIMONIO PERFECTO por V. M. Samael Aun Weor); if you are married, practice it with your spouse – the union of LINGAM – YONI without ejaculation of the semen, is also taught in his books: THE PERFECT MARRIAGE, IGNEOUS ROSE, OCCULT MEDICINE AND PRACTICAL MAGIC, THE REVOLUTION OF BEL\*\* and many other works written by the great contemporary humanist V. M Samael Aun Weor; masterful works in which you will find the answer to so many enigmas and questions which no one else of blood and bones has been able to decipher and go forward and help humanity; serve with what you can without hope of a recompense.

These teachings are for us to be able to arrive before God; not for us to do business with them.

\*\*ROSA IGNEA, MEDICINA OCULTA Y MAGIA PRACTICA, LA REVOLUCION DE BEL



As Victor Hugo said, this is the union of one who loves more and the other who loves better.

How lovely it would be if men and women of this era could deeply understand the profound meaning of the words, "MAN and WOMAN".

Someone who was so right once wrote, saying:

"MAN IS A CREATION OF GOD, AND WOMAN AN INSPIRATION OF MAN."

There have been so many mistakes committed in this era through pure formalities that have nothing to do with Love; today, every person has a fixed idea of how the person they are going to choose to share their lives with ought to be; in other words, they already have an established pattern in their minds and in their sentiments. This, of course, has been conditioned, many times, by parents, by sisters and brothers, and by society.

Many times the choosing of a partner is influenced by the intellectual side, the social level which for many plays a vital and important role, without even understanding that love has nothing to do with any of these formalities. Love is an innocent child who has no aspiration, who covets nothing, has no pride, and as a great wise man said, knows nothing about check books. It simply limits itself to conciliate sentiments; the mind and the consciousness of those people who sincerely love one another, wouldn't change their "first-born right for a plate of lentils."

Love works so many miracles and is capable of maintaining that couple united in thoughts and in sentiments on the condition that they remain faithful and firm in the promise they both made, which, one supposes, they had made with love and consciously.

When marriage is contracted because of formalities, because of check books and material conveniences, it leads to nothing and leads to failure and the worst of it is that not only is it a failure for the man and the woman, but also, for the children who, logically, hope to see their parents as their example and united always through ties of love.

Men and women who aspire to marriage – Don't do it to fulfill a requisite! Do it for Love! So that home you are going to form will always have the fragrance of sincerity, of love, of comprehension and which won't be future failures and frustrations for parents, or for the children who come into this world to be men and women of tomorrow's world which we all hope will be a better one.

A man who loves his wife doesn't compare her to anyone, because if he does, the mind and the Ego (YO) will always find another one better.

The woman who compares her husband with another man, does not love him, as in the same case of the man, the "YO" of lust and pleasures will always show her someone better.

Love doesn't compare, it loves and that's all.

## Chapter V                                 THE HUMAN BEING AND HIS INTERNAL CONSTITUTION

In the Gnostic studies we do not only analyze the human being in his three-dimensional physical aspect but in his internal spiritual aspect; we are not content with the two concepts of a body and a soul and nothing else, although this is certain. It is based on a very superficial appreciation and does not go to the foundation of what we really are.

The great esoteric investigators have been able to understand that we have ten autonomous parts in our own beings which fulfill functions in their corresponding order and in their respective dimensions.

In the first part we have KETHER -- CHOKMAH-BINAH, which is the same as saying: Father, Son and Holy Spirit.

On a second level we have: CHESED, which is the Intimate Being, GEBURAH, The Divine Soul and TIPERET, The Human Soul.

On the third level we have: NETZACH, the Body of the Mind, HOD, The Astral Body, JESOD, The Vital Body and MALKUTH, The Physical Body.

Each one of these bodies is an expression of the Divinity.

As we have said, the human being is, has been and will continue being a mystery.

The great wise men of history have spoken of that mystery and have invited us to reflect on those great and famous phrases, such as: "MAN, KNOW THYSELF AND YOU WILL KNOW THE UNIVERSE AND THE GODS."

We'd like to emphasize that it is not easy to know oneself and that it is only possible through rigorous physical, mental and psychological discipline.

We will speak about some of our ten internal aspects in a wide range of their characteristics.

The Father, KETHER, supreme perfection, the kindness of all kindness, the first person of the Holy Trinity, (the Father). He who lies, sins against the Father which is Truth.

CHOKMAH, the Christ, second person of the Holy Trinity. He who hates sins against the CHRIST which is Love.

BINAH, The Holy Spirit. Third person of the Holy Trinity. He who fornicates sins against the Holy Spirit which is purity and the giver of life.

CHESED, the Inner Being. He who adores idols, lies, hates or fornicates, sins and withdraws himself from his Inner Being.

GEBURAH, The Divine Soul. He who kills life in any of its expressions or is a fornicator (spills his seed) withdraws from his Divine Soul and cannot awaken consciousness.

TIPHERET, The Human Soul. He who fornicates, hates and has bad will, sins against his soul, because it cannot express itself and this person will continue his life without a soul.

NETZACH, Interior Mind. He who cannot overcome his passions, lust, brutal instincts, can never Christify his mind and will always live as a slave to a phantasmal mind.

HOD, Astral Body. He who cannot overcome his base passions, lust, brutal instincts and hates, can never have domination over his astral body and will live submerged in a profound sleep and with very little understanding of himself.

JESOD, Vital Body. He who abuses his physical body with unnecessary waste of emotions and pleasures of all night parties, cannot save energy and will always have a Vital Body degenerated, tired and incipient and that will not serve him to incarnate the energy of AKASH, of the TATTWAS, so that in this and in future lives, he could enjoy good life and reach immortality.

MALKUTH, Physical Body. He who hates cannot overcome his bad will, envy and covetousness will always have a uncoordinated body in its internal order and cannot channel his energies to produce and transform his internal structure.

## CONCLUSION

Nothing in life is quiet, static; everything moves. The Earth moves forming harmony with its sun; the waters move in the seas; the great waves hit the beaches looking for their freedom; the rivers, streams that slide down from the great heights carrying life, happiness and fulfilling with that mission, that of not remaining stagnant.

The wind moves from East to West, from North to South carrying the expression of that element to everything having Life.

Fire makes itself present showing us that it is everywhere; and it only needs combustion to show itself in the third dimension; this indicates to us that the human being carries in his flesh and bones the element Earth; in his sexual

energy he has the element water, that in his lungs he carries the element air, and in his blood and nervous system, he has the element fire and must follow the example in order to find his final liberation, having the clear conviction that the only thing which accompanies us to the grave, are our deeds (actions).

The good works will place us on the right-hand side of the Cosmic balance; the bad works will place us on the left-hand side, and that balance tells us which is our recompense and, therefore, which place successively, we will continue occupying.

V. M. LAKHSMI